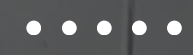


INSPIRE | EMPOWER | CONQUER



MY INSPIRATION NEVER DIES





MIND REVOLUTION

The philosophy, the brand, the meaning behind the logo, everything is unique and we stand by it. It's not only about what we deliver, but also about empathy and that people's 'My Inspiration Never Dies'.

VISION

MIND is more than just an Exercise Physiology studio; we are a lifestyle and wellness brand that is popping the exercise bubble. We are here to change the conversation and exercise blueprint to encompass all dimensions of health.

MISSION

We understand that we are all movement creatures and by reconnecting your body to its fundamental roots, it's our mission to show people they aren't defined by their trauma.

We inspire change, empower minds, and help people conquer life's adversities.

OUR COMPANY FOCUS



WHAT SETS US APART

My Inspiration Never Dies is disrupting tradition with the next generation of industry providers in Exercise Physiology and Sports Science services. We are trailblazers paving the way for new age application of allied health and corporate wellbeing combining different elements of technology, sociology, movement, mindfulness, education, and wellness.

We are the only health provider of its kind in the market.



THE DIFFERENCE

CREATING A COMMUNITY THAT CARES

We inject our philosophy into new spaces around Melbourne and see ourselves as the tradies of the health world.

With boots on the ground, we are seen as a “Wellness PA” to our clients, by connecting and linking all services in their bubble from personal training support to GP correspondence, acute intervention, and rehabilitation.

We provide a non-clinical setting and the right environment for clients to explore movement the way humans were designed to.



LEARN MORE



WORKING ON YOUR WEAKEST LINK CAN GIVE YOU THE BEST RESULTS

Using an integrated approach that improves the way you move with how nature intended, our Exercise Physiologists make health your priority in an innovative, relatable and fun way.

WHAT'S YOUR INSURANCE POLICY FOR YOUR BODY

We assist your body to adjust and adapt by providing the right environment to do so. We always challenge "best-practice" and implement innovative ways to exercise and rehabilitate.

Everybody has a story and we cater to each individual and provide as much support as needed.

YOU HAVE A PROACTIVE RESPONSIBILITY





REGISTERED NDIS PROVIDER

Working with plan managers and support coordinators we provide our services and implement NDIS programs for clients in the local community.

We approach health and wellness with a razor focus on function for life and independence. We provide an end-to-end solution from screening and assessment to virtual support, exercise physiology intervention, workshops, and mental health.

We are constantly seeking to help clients grow in independence through empathy and empowerment.



AUTHORISED TAC PROVIDER

We have developed an exclusive and innovative solution combating client care and experience post road collision. Including rehabilitation, recovery, return to work and social participation to get individual's lives back on track.



WORKCOVER

Ensuring a great client experience we handle return to work cases with access to hydrotherapy, gym membership, exercise physiology and sports science. This diverse range of services provides direction and purpose getting people back to work safely.



SUPPORTING VETERANS

Covered by DVA, we offer veterans access to our services helping manage complex physical and mental trauma through movement, mindfulness, education, technology and sociology. We provide a safe community for them to thrive.



MEDICARE SUBSIDY

We encourage and support clients on Chronic Disease Management Plans from musculoskeletal injury to neurological conditions.

We have worked with a diverse range of chronic and acute conditions.



MIND
MY INSPIRATION NEVER DIES

UNIQUE SERVICES



SCHOOL HEALTH & WELLNESS

With a focus on next generation wellness testing in schools we look to build foundations for movement integrity, and components of health at a young age, correctly.

In doing so, we are developing an insurance policy.

As teachers, coaches and mentors we have the ability to pave a path for students to train for life. We are providing education, understanding, awareness, resources and access which is extremely powerful.

We are giving them tools for success and empowerment beyond the classroom.



CORPORATE INSPIRATION

My Inspiration Never Dies is flying with an evolution of traditional well-being in the corporate workplace and an end-to-end solution that integrates a life-work balance from shopfloor to boardroom.

Chief Venture

Individualised, integrated experience for senior management, chief executives and board members around empathetic wellbeing with personalised and exclusive interactions.

The purpose of your "Chief Venture" is to shake things up, to reconnect your body to its fundamental roots, desensitise your over working systems and bring back some fun into your ever-demanding life.



MY MIND VOYAGE JOURNAL

A journal that combines our physical world with virtual reinforcement allowing you to express yourself and explore your reality on different levels.

A comprehensive solution to mark direction and improvements, helping you make sense of your injury, life changing experience or road ahead. This leads, guides and supports self-discovery, evaluation and creates awareness allowing you to outgrow, outdated versions of yourself.

This is a powerful tool that provides substance and looks at you as a whole, not just a part.



HEALTH TECHNOLOGISTS

Through decades of research and personal experiences we have been able to see the missing links and gaps within the allied health world.

Introducing 'Health Technologists' into the company we have developed a new niche that connects the dots. With a sports and health science background these technologists use technology and equipment to track, assess and objectively gather accurate wellness data for each client.

With a deep understanding of what the numbers mean they provide education and link the information captured to the clients purpose and life goals.



REMEDIAL MASSAGE

Using a combination of hands-on techniques such as deep tissue massage, trigger point therapy, myofascial release, stretching, dry needling and cupping, they stimulate and create a balance within your body.



TECH BASED LAB

Get your baseline measurements and screening in our tech lab.
Pre-employment screening | Functional movement | Body Composition | Cognitive Assessment | Fitness and Performance Testing



WELLNESS STAND UPS

We create a comfortable, relaxed environment for people to open up, discuss current issues, explore social changes and learn about wellness while having a drink with new friends.



MY INSPIRATION NEVER DIES



A SOLUTION THAT IS SPEARHEADING THE FUTURE

DRIVING A NEW ERA OF HEALTH AND WELLNESS

CHANGING THE FOCUS

We need to bridge the "break - repair - break - repair" cycle and train people for life. To educate them and create empathy and awareness of themselves, others and our environment.

After a decade of research we have the solution.

We are the future and we want you to join us.



OUR CONTACT

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