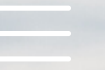


INSPIRE | EMPOWER | CONQUER





MY INSPIRATION NEVER DIES



# WHAT'S ON YOUR HORIZON

*TIME TO SEEK DISCOMFORT.*

## NEED A BREAKTHROUGH?

The journal is an invaluable tool for anybody going through difficulties or trying to clarify the direction of their life ahead.

We help people take charge of their life and support their voyage of striving for a better version of themselves.



# THE MY MIND VOYAGE

This is a voyage that follows three unique phases deconstructing your life's journey in YOU | WORLD | REFLECTION. A journal that combines our physical world with virtual reinforcement allowing you to express yourself and explore your reality on different levels.

It's a physical journal that pokes on raw nerves, asks difficult questions and makes you feel uncomfortable, in a comfortable way.

It builds a platform for change, growth, and adaptation diving into 24 chapters like power of choice, calm V chaos, overcoming trauma and society, AI, and the news.



**SHOW ME MORE**

# THE START OF YOUR VOYAGE



## THE FIRST OF IT'S KIND

A comprehensive solution to mark direction and improvements, helping you make sense of your injury, life changing experience or road ahead. This leads, guides and supports self-discovery, evaluation and creates awareness allowing you to outgrow, outdated versions of yourself.

This is a powerful tool that provides substance and looks at you as a whole, not just a part. Through the QR codes and eBook version we are able to provide resources remotely and when used correctly this is a great communication tool with further tasks, education and gamified exercises to engage and challenge.





# THE DIFFERENCE

*APPROACHING LIFE THROUGH A DIFFERENT LENS*

The My MIND Voyage Journal is our main communication tool with clients. It's a sticking point that approaches life, mindset and motivation in unique way and opens up the conversation from an empathetic view.

Each voyage is different and can be catered to the individual or moment in time.





MY INSPIRATION NEVER DIES



# I DARE YOU. TO TAKE YOUR VOYAGE.

@MYMINDVOYAGE

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