

INSPIRE | EMPOWER | CONQUER



MY INSPIRATION NEVER DIES



Part 1:

WHAT IS AN ACCREDITED EXERCISE PHYSIOLOGIST?

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A UNIVERSITY QUALIFIED ALLIED HEALTH PROFESSIONALS EQUIPPED WITH THE KNOWLEDGE, SKILLS AND COMPETENCIES TO DESIGN, DELIVER AND EVALUATE SAFE AND EFFECTIVE EXERCISE INTERVENTIONS FOR PEOPLE WITH ACUTE, SUB-ACUTE OR CHRONIC MEDICAL CONDITIONS, INJURIES OR DISABILITIES.

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ASSISTING PEOPLE WITH MANAGEMENT OF PAIN, CARDIOVASCULAR, METABOLIC, NEUROLOGICAL, MUSCULOSKELETAL, CANCERS, KIDNEY, RESPIRATORY / PULMONARY AND MENTAL HEALTH, AND ANY OTHER CONDITIONS FOR WHICH THERE IS EVIDENCE THAT EXERCISE CAN IMPROVE THE CLIENT'S CLINICAL STATUS.

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WHAT IS A **MY INSPIRATION NEVER DIES** EXERCISE PHYSIOLOGIST?

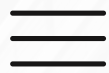
MIND REVOLUTION

We are driving a new era of health and wellness with a razor focus on function, empathy, sociology, prevention and longevity.

Through unique client onboarding experiences, access to the newest technology, consistent tracking and a fully integrated approach we are setting new standards.

**WE ADDRESS YOUR SYSTEM, NOT SYMPTOMS.
WE FIND THE MISSING LINKS AND LOOK AT
YOU AS A WHOLE, NOT JUST A PART FOR LONG
TERM SUCCESS ON YOUR HEALTH VOYAGE.**





STAYING IN OUR LANE : ALLIED HEALTH
PRACTITIONERS AND WHERE THEY FIT IN THE
HEALTH WORLD

PHASES OF CLINICAL INTERVENTION AND SUPPORT (PREVENTATIVE AND REHABILITATION)

